# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPRO                | OVAL      |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  Dempsey James G.                       |  |  |   |  | 2. Issuer Name <b>and</b> Ticker or Trading Symbol Frontier Group Holdings, Inc. [ ULCC ] |  |   |   |       |                    |   |             | (Che                                   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify                |  |   |                                       |  |
|--|--|--|---|--|---|--|---|---|-------|--------------------|---|-------------|--|--|--|---|---------------------------------------|--|
| (Last) (First) (Middle) C/O FRONTIER GROUP HOLDINGS, INC. 4545 AIRPORT WAY       |  |  |   |  | 3. Date of Earliest Transaction (Month/Day/Year) 10/16/2024                               |  |   |   |       |                    |   |             |  | Officer (give title Other (specify below)  President   |  |   |                                       |  |
| (Street) DENVER CO 80239   |  |  |   | 4  | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                  |  |   |   |       |                    |   |             | Line                                   | 6. Individual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting  Person |  |   |                                       |  |
| (City)   | (St  | ate)                                       | (Zip)   |  |   |  |   |   |       |                    |   |             |  |  |  |   |                                       |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |  |  |   |  |   |  |   |   |       |                    |   |             |  |  |  |   |                                       |  |
| 1. Title of Security (Instr. 3)  |  |  | D   | 2. Transaction<br>Date<br>(Month/Day/Year) |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year |   | Code (Instr.  |       |                    |   |             | Securitie<br>Benefici                  | eneficially<br>wned Following  | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                                       |  |
|  |  |  |   |  |   |  |   | Code  | v     | Amount             | (   | A) or<br>D) | Price                                  | Transact<br>(Instr. 3  | ion(s)   |   | (11150: 4)                            |  |
| Common Stock 10/10   |  |  |   | 10/16/20                                   | /2024   |  | M <sup>(1)</sup>  |   | 65,10 | )4                 | A   | (2)         | 696                                    | 5,279  | D  |   |                                       |  |
| Common Stock 10/1  |  |  |   | 10/16/20                                   | /2024   |  |   | F   |       | 28,483             | 3(3)  | (3) D \$6   |  | 667,796  |  | D   |                                       |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |   |  |   |  |   |   |       |                    |   |             |  |  |  |   |                                       |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                              | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Code                                       | Transaction Code (Instr.  |  | Number f erivative ecurities cquired () or isposed f (D) (Instr. 4 and 5) | 6. Date Exercisable an<br>Expiration Date<br>(Month/Day/Year) |       | В                  | d 7. Title and Amo<br>of Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |             | s<br>Security                          | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)  | 9. Number<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | Ownersh<br>Form:<br>Direct (D<br>or Indirec<br>(I) (Instr.        | Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |  |  |   | Code                                       | e V   | (4   | A) (D)  | Date<br>Exercisa  |       | Expiration<br>Date | Title   |             | Amount<br>or<br>Number<br>of<br>Shares |  |  |   |                                       |  |
| Restricted<br>Stock<br>Units   | (2)  | 10/16/2024                                 |   | М  |   |  | 65,104  | (4)   |       | (2)                | Comn  |             | 65,104                                 | \$0.00   | 130,20   | 9 D   |                                       |  |

### **Explanation of Responses:**

- 1. Relates solely to the settlement of previously granted Restricted Stock Units upon vesting. No shares were sold by the Reporting Person.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Issuer Common Stock. The Restricted Stock Units have no expiration date.
- 3. Represents shares of Issuer Common Stock withheld by the Issuer solely to satisfy tax withholding obligations in connection with the net issuance of shares of Issuer Common Stock delivered to the Reporting Person on October 16, 2024, from the vesting of Restricted Stock Units, and does not represent a sale by the Reporting Person
- 4. The remaining Restricted Stock Units vest in two substantially equal annual installments beginning on October 16, 2025.

# Remarks:

/s/ Howard Diamond, as

Attorney-in-fact for James

10/18/2024

**Dempsey** 

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.