FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL							
	OMB Number: 3235-0287							
E	Estimated average burden							
r	hours per response:							

	Check this box if no longer subject to
)	Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(b).

	Name and Address of Reporting Person* Dempsey James G.			2. Issuer Name and Ticker or Trading Symbol Frontier Group Holdings, Inc. [ULCC]							lationship c ck all applic Directo	' '		()	(s) to Issuer 10% Owner			
(Last) (First) (Middle) C/O FRONTIER GROUP HOLDINGS, INC. 4545 AIRPORT WAY			3. Date of Earliest Transaction (Month/Day/Year) 02/03/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								X Officer (give title Other (special below) EVP & Chief Financial Officer							
(Street) DENVER CO 80239				4. II Amendment, Date of Original Filed (MohithDay/ feat)							Line)	. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)															
		Tab	le I - Nor	n-Deriva	ative S	ecurities	Acc	quired,	Disp	osed o	of, o	r Bene	ficially	/ Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			Execution Date,		Code (Instr. 5)					5. Amour Securitie Beneficia Owned F	ies For cially (D) Following (I) (rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount		(A) or	Price	Transact				,	
								1 1		l .		(D)		(111511. 3 6	ına 4)			
		-	Fable II -			curities A Is, warra			ispo		, or l	Benefi	cially		ina 4)			

Date

(2)

(D)

Explanation of Responses:

- 1. Each Restricted Stock Unit represents a contingent right to receive one share of Issuer Common Stock.
- 2. The Restricted Stock Units vest in three substantially equal annual installments beginning on February 3, 2023. The Restricted Stock Units have no expiration date.

(A)

63,644

Remarks:

Restricted

Stock

Units

/s/ Howard Diamond, as Attorney-in-fact for James

or Number

63,644

\$0.00

02/04/2022

63,644

D

<u>Dempsey</u>

Stock

Expiration Date

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

02/03/2022

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.