FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

CTATEMENT	OF CHANCES	IN DENEEICIAL	OWNEDGUID
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OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Dempsey James G.				2. Issuer Name and Ticker or Trading Symbol Frontier Group Holdings, Inc. [ ULCC ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  V Officer (give title Other (specify							
(Last)	`	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/02/2023								^ belov	<b>v</b> ) ``	Finan	below)		
		ROUP HOLDIN	GS, INC.		4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
4545 AIRPORT WAY			.   ""									Line)							
(Street) DENVE	R CO	O	80239												filed by One Reporting Person filed by More than One Reporting on				
(City) (State) (Zip)					Rı	Rule 10b5-1(c) Transaction Indication													
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	le I - Non	ı-Deriv	ative	e Se	curities	Ac	quired,	Dis	posed o	f, or Be	neficia	ly Owne	d				
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution Date		Date,	3. Transaction Code (Instr. 3) 8) 4. Securities Acquired (instr. 3) 5)			ed (A) or str. 3, 4 and	Benefi Owned	es Formially (D) (I) (I)	Form (D) o	rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) o	Price		ed ction(s) 3 and 4)	on(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Security or Exercise (Month/Day/Year) if any		Date,		ransaction of Code (Instr. Derivative		Expiration Date (Month/Day/Year) of Se Unde Deriv			of Securities Underlying		8. Price of Derivativ Security (Instr. 5)		e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Units	(1)	04/02/2023			A		15,785		(2)		(1)	Common Stock	15,785	\$0.00	15,78	5	D		

## **Explanation of Responses:**

- 1. Each Restricted Stock Unit represents a contingent right to receive one share of Issuer Common Stock. The Restricted Stock Units have no expiration date.
- 2. The Restricted Stock Units vest in three substantially equal annual installments beginning on February 8, 2024.

## Remarks:

/s/ Howard Diamond, as Attorney-in-fact for James

04/04/2023

**Dempsey** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.