FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OMB APPROVAL

OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Section 16. Fo	x if no longer subjec orm 4 or Form 5 ay continue. <i>See</i> o).	tto STATEN	Filed pursuant to Section 16(a) of the Securities Exchange Act of 193	OMB Number: Estimated average hours per response		
1. Name and Add Biffle Barry	ress of Reporting	Person*	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol Frontier Group Holdings, Inc. [ULCC]	5. Relationship of f (Check all applicate X Director	le)	10% Owner
(Last) C/O FRONTI	(First) ER GROUP HO	(Middle) DLDINGS INC.	3. Date of Earliest Transaction (Month/Day/Year) 09/22/2023	X Officer (g below)		Other (specify below))
4545 AIRPOR	RT WAY		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Join Line) X Form filed	nt/Group Filing (Ch I by One Reporting	
DENVER	CO	80239		Form filed Person	l by More than On	e Reporting
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication			
			Check this box to indicate that a transaction was made pursuant t satisfy the affirmative defense conditions of Rule 10b5-1(c). See I		r written plan that is	intended to
		Table I - Non-De	erivative Securities Acquired, Disposed of, or Bene	ficially Owned		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	09/22/2023		М		20,000	A	\$0.2632	776,119	D	
Common Stock								78,949	Ι	By Family Trust ⁽¹⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g. nuts calls warrants ontions convertible securities)

	(e.g., puts, cans, warrants, options, convertible secur							nues)							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to buy)	\$0.2632	09/22/2023		М			20,000	(2)	04/27/2024	Common Stock	20,000	\$0.00	70,000	D	

Explanation of Responses:

1. These shares of Issuer Common Stock are held in a trust for the benefit of the Reporting Person's child. The Reporting Person's spouse is the trustee of the trust. The Reporting Person disclaims beneficial ownership of these shares of Issuer Common Stock, and the filing of this report is not an admission that the Reporting Person is the beneficial owner of these shares of Issuer Common Stock for purposes of Section 16 or for any other purpose.

2. The stock options are fully vested and exercisable.

Remarks:

/s/ Howard Diamond, as Attorney-in-fact for Barry L. Biffle

09/26/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.